

## CAM Boot Instructions

**STEP 1** : Place foot in boot, make sure heel is all the way to the back.



\*If your heel cannot fit all the way back, press the SMALL deflate button on the side to deflate the air pockets



**STEP 2:** Velcro ONLY the 4 grey pads over each other



**STEP 3:** Take the grey plastic piece and place it over the folded velcro pads



**STEP 4:** Take the straps and fold them over the top plastic piece



**STEP 5:** Press the LARGE button on the side IF NEEDED to add extra comfort, this will inflate air pockets all along the boot

