CAM Boot Instructions

**STEP 1**: Place foot in boot, make sure heel is all the way to the back.

*If your heel cannot fit all the way back, press the SMALL deflate button on the side to deflate the air pockets.*
**STEP 2:** Velcro ONLY the 4 grey pads over each other

**STEP 3:** Take the grey plastic piece and place it over the folded velcro pads
**STEP 4**: Take the straps and fold them over the top plastic piece

**STEP 5**: Press the LARGE button on the side IF NEEDED to add extra comfort, this will inflate air pockets all along the boot