

Hand & Upper Extremity Questionnaire

Name:		
Date of Birth://	Age:	Sex:
Handedness:	Occupation:	
Who referred you here today	y? (check all that apply)	
SelfMy l	Doctor (please list):	
Other (please list):		
What brings you in today?		
Where is the issue? (check a	ll that apply and mark on	diagram(s) below)
Right Left		

What are your symptoms? (check all that apply)						
Numbness/Tingling	Pain/Throbbing	Swelling	Stiffness	Weakness		
Other (please describe):						
When did it start?						
What makes it better?						
What makes it worse?						
Was there an injury, and if so, how did it occur?						
What have you tried for the	symptoms? (check a	ll that apply)				
Over the counter medication (ibuprofen, Tylenol, etc.)			Braces/Spli	nts/Casts		
Physical/Occupational Therapy			Rest/Ice/Heat			
Other (please describe):						
What tests have you had do	ne? (check all that aj	oply)				
X-raysMRI	CT scanEN	IG/Nerve studies	sLab	S		
Other (please describe):						