

Dear Neighbors,

As COVID-19 restrictions are eased throughout the state, it's important to remain vigilant and continue to wear a mask to minimize your risk of infection.

Fox Valley Orthopedics adheres to the guidelines from the Centers for Disease Control (<https://www.cdc.gov/coronavirus/2019-ncov/index.html>) and the Illinois Department of Public Health (<https://www.dph.illinois.gov/covid19>) to devise strict safety protocols in all our locations.

To ensure your safety, we will continue to take the following steps during patient visits:

- Vigilant screening – Patients will be screened, and all staff are required to self-screen for symptoms each day before work
- Wearing masks – Patients, visitors and staff are required to wear face masks over their mouth and nose
- Visitor guidelines – We will continue to limit the number of visitors allowed in with a patient
- To encourage social distancing, patients will be asked to wait in their car should the waiting rooms exceed the CDC's recommended number for small groups

### **Telehealth Appointments Via Smartphone or Computer**

Telehealth visits, when appropriate, are a great way to discuss medical issues and ask questions with your orthopedic specialist. Call (630) 584-1400 to set up an appointment, and we will email you a link. When it's time for your appointment, simply click on the link and you will be connected.

### **Surgery Precautions**

Fox Valley Orthopedics follows CDC and IDPH guidelines for all surgeries. If you have any questions about our precautionary efforts to keep you safe, please discuss them with your physician.

### **OrthoFirst, Immediate Orthopedic Care Without An Appointment**

**OrthoFirst** is available for urgent orthopedic injuries or issues that need immediate attention. OrthoFirst is also available via Telehealth services. OrthoFirst is open 6 days a week.

Questions?  
630-584-1400